



# San Antonio Teen Pregnancy Prevention Collaborative BDI Logic Model

## Intervention Activities

**Evidence-based Programs (Effective programs):**

- Implement evidence-based sex education programs in Youth Serving Organizations (YSOs) including middle and high schools
- Increase participation in evidence-based programs to foster care, juvenile probation, and out-of-school youth including the 8-19 year old population
- Implement evidence-based parent education curricula
- Implement evidence-based home visitation programs to pregnant/parenting teens
- Increase capacity of YSOs to evaluate their activities and programs

**Quality Adolescent Health Care:**

- Increase provider/staff education to promote/advocate for:
  - Teen friendly hours
  - Teen friendly (values neutral) attitudes from clinic staff
  - Best practices regarding adolescent care to prevent teen pregnancy
  - Linkages from schools/YSOs to quality adolescent health care

**Community Mobilization:**

- Create accessible, easy to understand messaging for the community by way of social media and other outlets
- Create innovative strategies for engaging parents
- Develop teen pregnancy prevention campaigns
- Develop strategies to engage faith-based communities
- Increase awareness of sexual abuse/coercion and dating violence

**Stakeholder Education:**

- Educate stakeholders about determinants of healthy teen behavior
- Ensure school/YSO policies include referrals to teen-friendly clinics
- Advocate/promote funding that supports adolescent healthcare to prevent teen pregnancy
- Advocate/promote policies that support use of evidence-based teen pregnancy prevention programs

**Youth Support/Development:**

- Increase the number of youth who are involved with long-term mentors
- Train existing youth development programs to incorporate building 40 Developmental Assets
- Increase the involvement/engagement of males in intervention activities
- Increase the number of youth participating in domestic violence prevention programs
- Increase awareness about strategies for approaching youth from various populations (i.e., juvenile probation, foster care youth, trauma survivors, and LGBTQ youth)

## Determinants of Teen Behavior

**Knowledge:**

- Level of parents' education and access to medically-accurate information
- Teens' knowledge of factual, medically-based information
- Teens' knowledge about condom and contraceptive use

**Attitudes:**

- Educational aspirations and planning for the future
- Perceived risk of pregnancy and STDs/HIV
- Attitude towards abstinence
- Attitude towards condom and contraceptive use
- Perceived self- efficacy in accessing and using condoms and contraceptives
- Partner attitudes towards sexual activity
- Perceptions of sexual activity/abstinence among peers (or lack thereof)
- Perceptions of peers' use of condoms and contraceptives

**Skills:**

- Increase self-efficacy to:
  - Abstain from sex
  - Avoid risky situations
  - Access and utilize condoms and contraception correctly and consistently
  - Access quality adolescent health care

**Connectedness:**

- School performance
- Faith-based attendance

**Community:**

- Awareness of high teen pregnancy rates in San Antonio
- Social norms with regards to teen pregnancy

**Parent/Guardian involvement:**

- Family connectedness
- Family support
- Parental/Guardian supervision

**Role Models/Support:**

- Presence of male role models
- Influence of mentoring relationship

**Sexual Abuse:**

- History of prior sexual abuse or sexual coercion

## Teen Behavior

- Decrease the percentage of school-age youth who have ever had sex.
- Increase number of youth who are practicing abstinence.
- Decrease frequency of sex.
- Decrease incidence of sexual coercion.
- Increase correct and/or consistent use of condoms and contraceptives.

## Health Indicators

- Teen birth rate for females ages 10 to 14
- Teen birth rate for females 15 to 17
- Teen birth rate for females ages 15 to 19
- Repeat Teen Births
- Number of teens receiving evidence-based prevention Programs
- Number of teen births among females ages 10 to 19

## Health Goal

**Decrease the Bexar County teen birth rate among females ages 15 to 19 by 50%\* by the year 2020.**